**![Text

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**Packaging Your Placenta**

*You will need a cooler, 2 gallon-sized bags & 2 quart-sized bags*

* Fill up 2 quart-sized bags with ice
* Put on gloves
* Place placenta inside one gallon-sized bag
* Insert that bag inside the other gallon-sized bag
* Put one ice bag inside the bottom of the cooler
* Put the double-bagged placenta on top of the ice bag
* Place another ice bag on top of the placenta bag.
* If 4 hours have passed, either replace the ice (if it has melted) or put in a freezer.
* Call/text Liz at 720-593-0014 to let her know your baby has arrived and the placenta is ready for processing
* Fill out this form: **loveinmotion.net/post-birth-encap.html​**
* If you haven’t already, send Liz your blood work with HIV and Hepatitis A/B/C (this may show up as HBsAg or HbSAg on lab work)
  + You may ask your nurse to provide the information to me verbally
* In some cases, the nurse will have you sign a consent form requesting to release your placenta to you

**Pick Up/Drop Off/Processing**

* **NON-BIRTH DOULA CLIENTS OPTIONS:**
  + If I am picking it up from the hospital, coordinate a time with me to meet up for drop off. More than likely I will not be able to meet you in your room, due to COVID, so someone will have to bring the placenta out to me.
  + If you are dropping it off to me, have your contact person arrange a drop off.
* **REST**, enjoy your new baby, and I will take care of the rest!
* I will have the placenta products processed within 24-48 hours. It takes a full 24hrs for dehydration alone.
* I will text you when the products are ready.
  + If I picked up, I will let you know when I’m on the way to you for drop off.
  + If a contact person is picking up, I will arrange with them for pick up.